



FINE ARTS

deployed april week 4

discipleship dimension: prayer

DIMENSION OBJECTIVE:

Replace worry with prayer.



Replacing Worry

Kim Stidworthy

scripture

“Don't worry about anything: instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”

Philippians 4:6-7

discover

It was my junior year of high school when I made the varsity basketball team. I practiced all the time, perfecting my dribble, defense position, and shot. This was the crucial year for me, the year I had to decide if I was going to pursue the goal of playing basketball in college. My parents supported me, and I had an amazing coach and teammates.

However, despite the support, my mind was riddled with stress and worry about my future. Did I really want to play basketball? What was I created for? If basketball was taken away, what talents did I have left?

It was in that season that one of my youth leaders at church encouraged me to start praying instead of worrying. I began to turn to God with my questions instead of trying to work out everything on my own. Through that, I was reminded of my true purpose —not to play basketball, but to be a disciple of Jesus and to share the good news of the gospel. My assignment in that season was to do that through basketball, but it wouldn't be my assignment forever.

develop

We've all had moments in life when it feels like worry and fear are pressing in from all sides. Our Scripture today encourages us to pray about everything. God hears all our requests, no matter how big or small. When we give those prayer requests to Him, the Bible says we will experience a peace that surpasses our own understanding. Discuss with your group what things you tend to worry about in your own life, and what it means to you to walk out this Scripture in your day.

deploy

Discuss with your team or coach: How can we start to replace worry and fear with prayer during this Fine Arts season? What are some ways that we can deploy what we have learned during our time together?

prayer

Take a moment to ask for prayer requests within your group. Pray for each other and what each person is believing God for this year. Ask the Holy Spirit to give your group peace, knowing we can trust Him to answer our prayers.